Facility Information

Mount Pleasant Community Centre 1 Kingsway

> **Cypress Mountain** 6000 Cypress Bowl Road

Kitsilano Community Centre 2690 Larch St.

> McBride Elementary 1300 E. 29th Ave.

Sexsmith Elementary 7410 Columbia St.

Mackenzie Elementary 960 E 39th Ave.

Grandview Skating Club 3350 Victoria Drive

Grandview Lanes 2195 Commercial Drive

Revs Bowling Centre 5502 Lougheed Highway

Groundwork Athletics 736 Granville St.

Shaughnessey Heights Church 1550 W 33rd Ave.

Velocity Speed Skating Club 2690 Larch St.

Britannia Community Centre 1661 Napier St.

> Marpole Curling Club 8730 Heather St.

About Us

Special Olympics BC is dedicated to providing individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences.

SOBC – Vancouver has over 200 athletes from ages two to 75. Athletes train and compete at the regional level and have the opportunity to qualify and participate in Provincial, National and World games.

Athlete Eligibility

SOBC – Vancouver programs are open to individuals with intellectual disabilities and designed to increase fitness levels, develop individual and team skills, and promote sportsmanship and fair play. Please note for safety reasons, some programs require experience and/or an athlete assessment.

Contact Us

Local Coordinator

vancouver@specialolympics.bc.ca

Program Coordinator

programs@sobcvancouver.org

Volunteer Coordinator

volunteers@sobcvancouver.org

Fundraising

fundraising@sobcvancouver.org

Public Relations

pr@sobcvancouver.org

Athlete Representative and Mentor

athletes@sobcvancouver.org

Parent Representatives

parents@sobcvancouver.org

Website: <u>www.sobcvancouver.org</u> Info line: 604-519-4555

2023 - 2024 PROGRAM BROCHURE





Fall & Winter Programs

5-pin Bowling (September 18 - March 25)

Monday | 4:30 pm – 6:30 pm | Grandview Lanes

Floor Hockey [C-Level] (October 2 - March 4)

Monday | 6 pm – 8 pm | McBride Elementary

Alpine Skiing (TBD)*

Monday | 6:30 pm – 8:30 pm | Cypress Mountain

Sport Start Soccer [ages 12-18] (October 2 - March 4)

Monday | 7 pm – 8 pm | Sexsmith Elementary

Rhythmic Gymnastics (September 26 - April 23)

Tuesday | 6:30 pm – 8 pm | Shaughnessy Heights Church

Powerlifting (September 26 - April 23)*

Tuesday | 8 pm – 9 pm | Groundwork Athletics

Fitness (October 4 - March 6)

Wednesday | 5:30 pm - 6:30 pm | McBride Elementary

Floor Hockey [Developmental] (October 4 - March 6)

Wednesday | 6:30 pm - 8:00 pm | McBride Elementary

10-pin Bowling (September 28- March 28)

Thursday | 4:30 pm - 7:00 pm | REVS Bowling

Swimming (September 23 - March 16)

Saturday | 10 am - 11 am | Britannia Community Centre

Weight Training (September 23 - March 16)

Saturday | 11:15am – 12:15 pm | Britannia Community Centre

Curling (September 24 - March 3)

Sunday | 9:10am - 10:40am | Marpole Curling Club

Cross Country Skiing & Snowshoeing (Dates TBC)

Sunday | 7:15am - 12:00pm | Cypress Mountain

Fall & Winter Programs

Figure Skating (September 24 - March 17)*

Sunday | 6:30 pm – 8:30 pm | Grandview Skate Club

Skate Skills (September 24 - March 17)*

Sunday | 6:30 pm - 7:15 pm | Grandview Skate Club

Speed Skating (September 10 - March 17)*

Sunday | 7:05 pm - 7:50 pm | Velocity Speed Skating Club

FUNdamentals and Active Start (October 1 - March 3)

Sunday | 9:30am – 10:30am | Mount Pleasant Community Centre

Basketball (October 14 - March 16)

Saturday | 5 pm - 8 pm | Kitsilano Community Centre

• Staggered slots. Head Coach to provide further info.

Additional Fees*

- Speed Skating Registered athletes will be reimbursed \$118.50, self-register via IceReg
- Alpine Skiing \$125
- Skate Skills \$60 (does not include \$58 Skate Canada fee)
- Figure Skating \$70 (does not include \$58 Skate Canada Fee)
- Powerlifting \$155 (includes \$105 in CPU and BCPA membership fees)
- 5 pin bowling \$13 each week to be paid at Grandview Lanes Bowling Centre
- 10 pin bowling \$9 each week to be paid at REVS
- Curling- \$68, self-register via Marpole Curling Club

Fees are in addition to the \$25 registration fee.

Equipment

Some required equipment may not be provided by the program, such as swimsuits, correct footwear, skis, goggles, mouth guards, etc. If you have questions or concerns, please inquire during registration or contact the Program Coordinator programs@sobcvancouver.org.

Registration

The registration process includes 2 forms:

- 1) Athlete Registration/Medical Form
- 2) Participation Waiver

You can download these forms from our website (www.sobcvancouver.org/athletes). Complete and mail with your registration fee of \$25 and applicable extra fees by cheque made out to SOBC Vancouver to the address below.

SOBC Vancouver

C/O 252 16th Avenue East Vancouver, BC V5T 2T4

If you have inquiries or need further information regarding registration, please contact our Registration Coordinator, Julia Tkaczyk at registration@sobcvancouver.org

Important Notices

- Failure to produce the necessary forms or payment may result in delays in participating in tournaments or scheduled programs
- COVID-19 Protocols continue to be in place
- All athletes and coaches must follow strict health and safety protocols. These requirements are ever-changing, and based on the SOBC Return to Sport Plan.
- Whilst not required, it is still recommended for all participants ages 5 and up to wear masks at SOBC events and programs when they are not playing their sports.
- Registering for a program does not guarantee a spot in the program. SOBC Vancouver must adhere to athlete-coach ratios and facility capacity maximums. If there is no facility, no head coach, or an inadequate number of coaches, the program will not run. There is also a possibility for programs to be paused or cancelled with minimal notice.