



Special Olympics
British Columbia
VANCOUVER

Newsletter

Fall/Winter 2010-11
edition



Highlights

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SOBC Vancouver – Registration Day

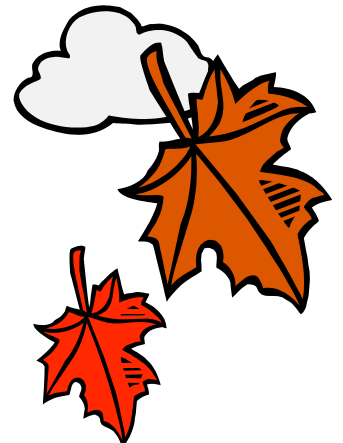
On July 23rd, 2011 - a beautiful sunny day in Vancouver, many volunteers, coaches and athletes came out to participate in the annual SOBC Vancouver Registration day. This year it was held at St. Faith's Church in Vancouver. It was a very busy, exciting and lively event as everyone came out to sign up for some fall sports. It was also great to see some old friends and make new ones too!



Everyone had a wonderful time catching up, having a few refreshments and of course, signing up for some sports!



We were all excited at the wonderful turnout at SOBC Vancouver registration day this year! Looking forward to another great season of fall sports and having fun!





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Special Olympics BC Vancouver: Track & Field – 2011 Season Recap

By *Richard Wong, Head Coach*

Saturday June 18, 2011 dawned to a torrential downpour. Nevertheless, our team of enthusiastic track and field athletes eagerly climbed aboard a big yellow school bus to head to the annual Richmond Track Meet.



At the meet, athletes from all over the province braved the challenging weather conditions and put on an exciting display of athleticism, camaraderie, and competition. Vancouver's athletes did not disappoint and came home with a healthy ribbon haul and multiple photo ops on the awards podium. Even the sun came out in the afternoon to congratulate the athletes! All the hard work and training in the months leading up to the meet paid off.

As with all good things, the fun times of the 2011 track season came to a close with our final practice on Monday June 20, 2011. This year's windup had the athletes demonstrating their prowess in dodgeball, soccer with multiple balls, octopus tag, and various races. This was capped off with some well-deserved pizza and an awards presentation.

Congratulations to all the athletes for all their hard work and accomplishments this year. Many thanks to our fabulous team of coaches, parents, and caregivers who helped make the season the success that it was! And thanks to everyone for all the laughs, smiles, and memories throughout such a fantastic season.

See you all again in the 2012 season! Athletes – remember to keep up the training in the off-season as 2012 is a qualifier year and will have lots of challenges and stiff competition!

SOBC Vancouver Athlete Spotlight

Question & Answer Period with : **Alison**



Alison, seen here with puppy Prints for a great photo!

Q: What sports have you played with SOBC?

A: Many! I have been to provincial games for Track & Field and won 6 gold medals, and I have also competed all over Canada! I have also done Speed Skating, Basketball, 5-Pin Bowling (and bowled a 200 game), 10-Pin Bowling, Floor Hockey (and placed 2nd in Provincials) and Baseball. I am also part of the Running Club every Wednesday.

Q: Wow! That is very impressive! Do you have a favorite sport?

A: Baseball.

Q: Do you have a favorite coach?

A: Nel, Juliette and Anita. Anita is a good inspiration for me! Thank you Anita!

Q: Who is your favorite Vancouver Canuck?

A: #16 – Trevor Linden.



Fall/Winter 2010-11 edition

Meet your SOBC Vancouver team!

Spotlight: C.J. and Samantha

Coaches for 5-pin bowling & Fundraising Coordinators for SOBC Vancouver

Many of you may recognize C.J. and Samantha as the 5-Pin Bowling coaches for SOBC Vancouver!

Both C.J. and Samantha became involved in SOBC Vancouver from hearing about the opportunity to coach through mutual friends. For over a year now, both C.J. and Samantha have been volunteering as coaches for 5-Pin Bowling. They love being able to connect with the athletes and support them in a sport they are passionate about and to make sure they have lots of fun!

Did you also know that they also coordinate many fundraisers for SOBC Vancouver? From having past experience in fundraising, this allowed them to take on the role of organizing SOBC Vancouver fundraisers this year, such as the Walkathon this past June.

So the next time you see C.J. and Samantha, please say hello!



On the radar...

Healthy Athlete Screening Day - February 11th, 2012

- Free health screenings available to all SOBC athletes
- For more information, see the enclosed flyer

Any questions, comments or suggestions? Would you like something submitted in the upcoming newsletter? We would love to hear your feedback!

Please contact Dionne Lee by email, at dionne.l@sobcvancouver.org

*Special Olympics BC (SOBC) Vancouver is a **volunteer non-profit organization** dedicated to providing opportunities for individuals with intellectual disabilities to become productive and respected members of society through sports training and competition.*