

## Facility Information

<b>Britannia Community Centre</b>	1661 Napier St.
<b>Cypress Mountain</b>	Exit 8 Hwy 1, West Van
<b>Groundwork Athletics</b>	736 Granville St.
<b>Kitsilano Arena</b>	2690 Larch St.
<b>Kitslano Community Center</b>	2690 Larch St.
<b>Livingstone Elementary School</b>	315 E 23rd Ave.
<b>Mackenzie Elementary School</b>	960 E 39th Ave.
<b>McBride Elementary School</b>	1300 E 29th Ave.
<b>Montgomery Park</b>	1040 W 43rd Ave.
<b>Mount Pleasant Community Centre</b>	1 Kingsway Ave.
<b>Musqueam Golf</b>	3904 W 51st Ave.
<b>Point Grey Secondary School</b>	5350 East Blvd.
<b>Prince Edward Park</b>	3773 Prince Edward St.
<b>Sexsmith Elementary School</b>	7455 Ontario St.
<b>Shaughnessy Heights United Church</b>	1550 W 33rd Ave St.
<b>Sunset Skating Club</b>	390 E 51st Ave.
<b>Trout Lake Park</b>	3350 Victoria Drive.
<b>Vancouver College Track</b>	39th and Hudson St.
<b>Grandview Lanes Bowling Centre</b>	2195 Commercial Dr.
<b>REVs Bowling</b>	5502 Lougheed Hwy, Burnaby

## Registration

The registration process includes 2 forms:

- 1) Yearly medical form
- 2) SOBC Provincial registration form for new athletes

You can download these forms from our website ([www.sobcvancouver.org](http://www.sobcvancouver.org)). Complete and send with your registration fee of **\$25** by cheque made out to SOBC Vancouver by:

### Mail to:

SOBC Vancouver  
C/O 341 W. 23rd Avenue, Vancouver, BC V5Y 2H2

**Email to:** [registration@sobcvancouver.org](mailto:registration@sobcvancouver.org)  
[but please mail a copy, with your cheque, to the address above]

\* Please Note: Failure to produce the necessary forms may result in delays in participating in tournaments or regular scheduled programs.

\* If you have inquiries or need further information regarding registration, please contact:

**Registration Coordinator:** Dianne Zamborsky  
Phone: 778-823-2012  
Email: [registration@sobcvancouver.org](mailto:registration@sobcvancouver.org)

### Contact Information:

#### Local Coordinator

[coordinator@sobcvancouver.org](mailto:coordinator@sobcvancouver.org)

#### Program Coordinator

[programs@sobcvancouver.org](mailto:programs@sobcvancouver.org)

#### Volunteer Coordinator

[volunteers@sobcvancouver.org](mailto:volunteers@sobcvancouver.org)

#### Fundraising

[fundraising@sobcvancouver.org](mailto:fundraising@sobcvancouver.org)

#### Public Relations

[pr@sobcvancouver.org](mailto:pr@sobcvancouver.org)

#### Athlete Representative and Mentor

[athletes@sobcvancouver.org](mailto:athletes@sobcvancouver.org)

#### Parent Representatives

[parents@sobcvancouver.org](mailto:parents@sobcvancouver.org)

**Website:** [www.sobcvancouver.org](http://www.sobcvancouver.org)

**Info line:** 604-519-4555



## 2019-2020 Program Brochure

Special Olympics BC is dedicated to providing individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences.

SOBC – Vancouver has over 200 athletes from ages two to 75. Athletes train and compete at the regional level and have the opportunity to qualify and participate in Provincial, National and World games.

### Athlete Eligibility

SOBC – Vancouver programs are open to individuals with intellectual disabilities and designed to increase fitness levels, develop individual and team skills, and promote sportsmanship and fair play. Please note for safety reasons, some programs require experience and/or an athlete assessment.

**Special  
Olympics**  
British Columbia



**Vancouver**

## Fall & Winter Programs

### Active Start & FUNdamentals (ages 2 to 12) (Sept. 22 to Mar. 15)

Sun 9:30 to 10:30 a.m. at Mount Pleasant  
Community Centre

### Basketball (Sept. 14 to Mar. 14)\*\*\*

Sat 5 to 8 p.m. at Kitsilano Community Centre

### Cross Country Skiing & Snowshoeing\* (Jan. 5 to Mar. 1)

Sun 7:15 a.m. to noon at Cypress Mountain

### Downhill Skiing\* (Jan. 6 to Mar. 2)

Mon 6:30 to 8:30 p.m. at Cypress Mountain

### Figure Skating\*\* (Sept. 22 to Mar. 22)

Sun 5:45 to 7:45 p.m. at Sunset Ice Rink

### Fitness (Sept. 18 to Mar. 11)

Wed 5:30 to 6:30 p.m. at McBride Elementary

### 5-Pin Bowling\*\* (Sept. 20 to Apr. 24)

Fri 5 to 7 p.m. at Grandview Lanes Bowling Centre

### Floor Hockey C-Level (Sept. 16 to Mar. 9)

Mon 5:30 to 8 p.m. at McBride Elementary

### Floor Hockey Developmental (Sept. 18 to Mar. 11)

Wed 6:30 to 8 p.m. at McBride Elementary

### FUNdamentals (ages 7 to 12) (Sept. 16 to Mar. 9)

Mon 6 to 7 p.m. at Sexsmith Elementary

### Powerlifting (Sept. 17 to Mar. 10)

Tues 8 to 9 p.m. at Groundwork Athletics

### 10-Pin Bowling\*\* (Sept. 19 to Apr. 9)

Thu 5:15 to 7:15 p.m. at REVS Bowling, Burnaby

## Fall & Winter Programs

### Rhythmic Gymnastics (Sept. 24 to Apr. 28)

Tues 6:30 to 8 p.m. at Shaughnessy Heights Church

### Skate Skills\*\* (Sept. 22 to Mar. 22)

Sun 5:30 to 6:30 p.m. at Sunset Ice Rink

### Speed Skating (Beginner)\* (Sept. 8 to Mar. 8)

Sun 6:30 to 7:30 p.m. at Kitsilano Arena

### Sport Start Soccer (ages 12 to 18) (Sept. 16 to Mar. 9)

Mon 7 to 8 p.m. at Sexsmith Elementary

### Swimming (Sept. 21 to Mar. 21)

Sat 1 to 2 p.m. at Britannia Community Centre

### Weight Training (Developmental) (Sept. 21 to Mar. 21)

Sat 11:45 to 12:45 p.m. at Britannia Community  
Centre

## Notes

\* Requires additional fees for ski passes, equipment rental etc. Please pay upon registration or by the date of the first session. Dryland training will begin on Oct. 21 from 6 to 8 p.m. at Mackenzie Elementary.

\*\* Requires additional fees for rink rentals, lane rentals, transportation fees, etc. Please pay upon registration or by the date of the first session.

\*\*\* Program will divide into Division A (6:30 to 8 p.m.) and Division B (5 to 6:30 p.m.) starting in October 2019.

PLEASE NOTE: Some required equipment may not be provided by the program, such as swimsuits, correct footwear, skis, goggles, mouthguards, etc. If you have questions or concerns, please inquire during registration or contact the Program Coordinator.

## Spring & Summer Programs

### Active Start & FUNdamentals (Apr. 5 to Jun. 28)

Sun 9:30 to 10:30 a.m. at Mount Pleasant  
Community Centre

### Bocce (Apr. 7 to Jul 14)

Tues 6 to 8 p.m. at TBD

### Club Fit (formerly Running Club) (Jun. 3 to Aug. 26)

Wed 6 to 7:30 p.m. at Trout Lake Park

### FUNdamentals (ages 7 to 12) (Apr. 8 to Jun. 10)

Wed 6 to 7 p.m. at Vancouver College

### Golf (Apr. 9 to Jun. 25)

Thu 6 to 7:30 p.m. at Musqueam Golf

### Introduction to Golf (Snag)

#### Apr. 6 to May 25

Mon 6 to 7:30 p.m. at McBride Elementary School

#### Jun. 1 to Jul. 6

Mon 6 to 7:30 p.m. at Trout Lake Park

### Soccer

#### Apr. 8 to Apr. 29

Wed 6 to 7:15 p.m. at Livingstone Elementary

#### May 6 to Jun. 24

Wed 6 to 8 p.m. at Prince Edward Park

### Softball / Tee-ball

#### Apr. 9 to Jul. 16

Thu 6 to 8 p.m. at TBD

### Track & Field (Apr. 6 to Jun. 8)

Mon 6 to 8 p.m. at Vancouver College

### Walking Club (Jul. 4 to Aug. 22)

Sat 10 to 11 a.m. at Britannia Track